



## 2008 - PROGRAM OVERVIEW & FEES

The First Tee of New Hampshire's program offers unique and fun learning opportunities for young people from ages 8 - 17. The program utilizes the unique game of golf, and its core values and traditions, to teach values and life skills to young people of all backgrounds, especially those who might not otherwise ever have an opportunity to experience the game of golf.

Participating children work on 9 Core Values: **Sportsmanship, Confidence, Integrity, Perseverance, Respect, Responsibility, Judgment, Courtesy, and Honesty.** In addition participants work on a progression of Life Skills (introducing oneself, goal setting) and golf skills (including set-up, putting, chipping, pitching, bunker shots, full swing, the rules of golf and etiquette). Over time, participants are encouraged to work through PAR, BIRDIE & EAGLE levels of achievement. The First Tee of New Hampshire also offers an introductory program for participants ages 5-7 using equipment especially designed for them. This program is our TARGET SNAG level.

The following is a brief outline of our curriculum based on level. This chart should be considered a guideline only as the curriculum may be adjusted to meet the needs of the students participating. It is also common for some students to take longer to achieve a particular level and yet others may progress more rapidly.

LEVEL	DEFINITION	ESTIMATED TIME IN EACH LEVEL	SAMPLE OF LIFE AND GOLF SKILLS COVERED
<b>TARGET</b>	Participants exposed to golf by way of a clinic, through an in-school program, or through our SNAG program for ages 5-7	Attend one session and move on to PAR, unless you are under the age of 7. SNAG participants may sign-up and attend as many sessions as they would like to.	Take Aim Anyone can play Respect Golf is a game Enjoy yourself Try it Golf: Putting, chipping, full swing
<b>PAR</b>	Working towards PAR certification; anyone ages 8-17 may participate	Depending on age and skill, anywhere from 4 – 12 sessions  Sessions are generally made up of three 2-hour classes.	Meeting and Greeting Staying cool Respect for others Personal Par Nine core values Golf rules Putting, chipping, pitching, set-up, Full-swing, bunker shots
<b>BIRDIE</b>	Participant has passed the Par certification test, which includes written and skill tests and are now working towards Birdie certification	Depending on age and skill, anywhere from 4–12 sessions  Sessions are generally made up of three 2-hour classes.	Goal setting, Self-management Dealing with challenges Continuing golf fundamentals Instruction on all types of shots More on - course play
<b>EAGLE</b>	Participant has passed the Birdie certification test, which includes written and skill tests and are now working towards Ace certification	Depending on age and skill, anywhere from 6 –12 sessions  Sessions are generally made up of three 2-hour classes.	Stay well for life, Dealing with conflicts, Become a Go-To Person, Planning for the future, Continuing golf fundamentals, Instruction on all types of shots Mentor other golf students More on – course play

### PROGRAM FEES

**Fees:** PAR or BIRDIE Sessions  
\$ 75 for one 3-day session  
Multi session discounts:

\$125 for two 3-day sessions  
\$200 for three 3-day sessions  
\$250 for four 3-day sessions  
\$300 for six 3-day sessions

SNAG Programs: \$30 for one 3-day session
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